

January 15, 2016

Dear Families:

This week we studied about Martin Luther King, Jr., and we learned that Dr. King had a dream where everyone would be kind, helpful, and respectful to others. In honor of Dr. King's dream we will be participating in 100 Acts of Kindness along with all of 1<sup>st</sup> and 2<sup>nd</sup> grade. From Dr. King's Birthday until Valentine's Day, we are going to see if we can do 100 acts of kindness.

Our rule is that you cannot report your own act of kindness; someone else has to report something nice that you did for them or that they witnessed you doing for someone else.

At school, children are going to be watching one another to look for acts of kindness. We want to invite parents, grandparents, friends, and neighbors to participate too. For example, if your child helps with household chores without even being asked, or does an especially nice thing for someone, please write a note (or email me) and tell us about it.

Earlier in the year we discussed being "bucket fillers" and how acts of kindness filled other people's "buckets" and our own "buckets." Whenever an act of kindness is reported we will be put it in our class bucket. We will be starting today on Dr. King's birthday and continue until the Thursday before Valentine's Day (Feb 11.).

Thanks for your help and participation. Together we can make Dr. King's dream come true!

Ms. Emerson