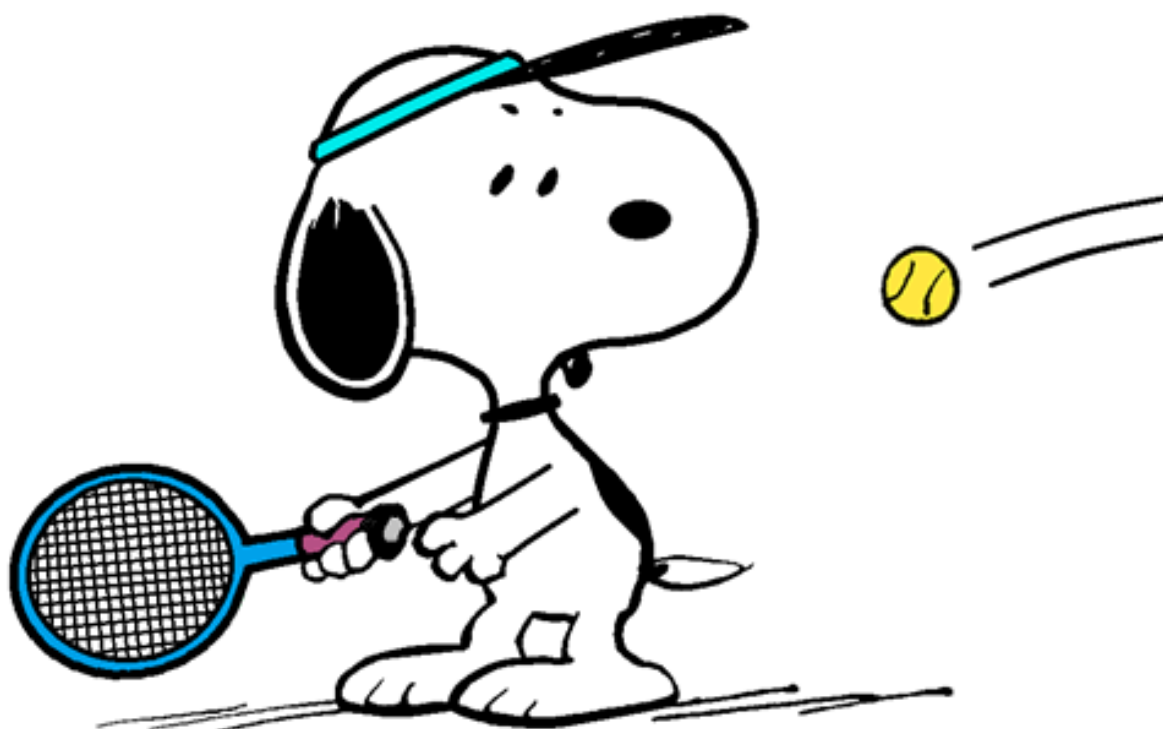


Kamiak Tennis 2023





KAMIAK 2023 TENNIS TEAM

Making the Team

Due to court space and playing time during matches, we may not be able to keep all the athletes turning out for the team. A senior who does not make the top 14 will be cut (in the event we have more than 34 players turning out). A main purpose of a J.V. team is to build the skills of players to prepare them for the varsity.

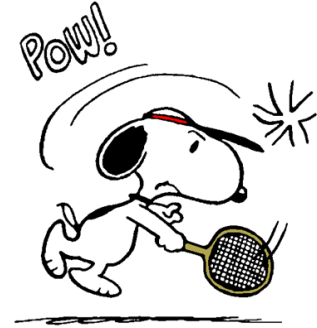
- The varsity and J.V. will carry a total of 34 players.
- 14 players will travel with the varsity squad, while only 10 of the 14 players will actually play in the varsity match. The remaining 4 players' matches count as exhibition doubles matches.
- 20 players will travel with the J.V. team.
- Players will know who made the team by Thursday after practice or Friday morning of the first week of practice. At this time, the actual ladder (#1- 34) will not be determined. This will be determined during the second week of practice.
- Criteria for making the tennis team are as follows...
Skill, hard work and determination, commitment, enthusiasm, coachability, attendance and ability to participate in entire practice and all matches

Lettering: The athlete must play in a total of 3 counting varsity matches, but in a total of 10 matches (either varsity or J.V.)





2023 Knights' Tennis Team Expectations



- Committed to being a member of the Knights Tennis Team
- Bring to every practice and match, tennis racquet, water and appropriate clothing.
- Come to practices and matches ready to give 100%.
- Be on time for practices and matches.
- Help set up and put away equipment. Be a team player.
- Support your teammates!! You are expected to stay at the court until all matches are finished. You are also expected to watch teammates. Do not do homework, take a nap in your car, etc. You have 1 “freebie” to leave early (family dinner, work, etc.). Other than that, plan your schedule around matches.
- Wear a Kamiak Knights Tennis shirt to matches and either a tennis skirt, shorts or sweats with POCKETS (purple, black, gray or white)
- Run and stretch before going out onto the court to play.
- Communicate personally with coaches and one another. If you are unable to attend a practice or match, tell a coach as early as possible.
- Have a positive mental attitude towards yourself and others.
- Be model students in both your school work and behavior on and off the court.
- Players are not eligible to practice or participate in a match if they have an unexcused absence or have missed more than 3 classes for that day.



Practice Schedule

Outside

J.V. 2:30- 4:30
Varsity 3:00- 5:00



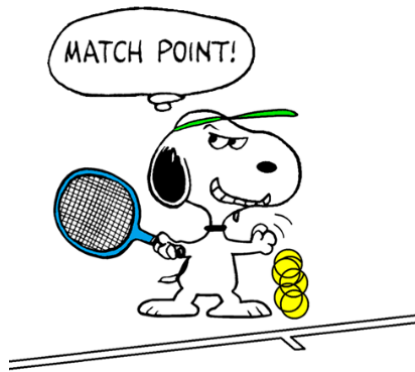
Inside (due to rain)

All Players

Monday 2:20- 4:30
Tuesday 3:30- 5:30
Wednesday 2:20- 4:30
Thursday 3:30 - 5:30
Friday 2:20- 4:30

***Practice schedule is always subject to change due to weather or gym availability.

**Always listen to announcements @
1:58pm and watch for REMIND messages**



2023 Varsity Knights' Tennis Challenges

1. Challenges will take place individually, unless a decision is made by the coach that a particular doubles team should stay together.
2. Coaches have power to say "No" to a challenge due to current performance, attitude, etc. Coaches also may set up challenges whether a player requested one or not.
3. A player may only be challenged once per week.
4. A player may only challenge once per week.
5. Due to the potential of many challenges, limited court space and time, regular season challenges will either be a set or a pro- set with no- add scoring.
6. To challenge, you must sign up with Ms. Bloemker. The requested challenge will most likely not be played on the day of your request, as there are other players already signed up.
7. A person that advances to a higher position on the ladder as a result of a challenge match does not have to accept a challenge until the team has played its next match.
8. Players must accept challenges and make time for them.
9. Players #2-5 may challenge one spot up the ladder. All other players may challenge one or two spots up on the ladder. You will switch spots with the person you beat.

Note: Consider a few things before requesting a challenge. How is your performance at your current position on the ladder? Are you winning? Are you wanting to move up just so you can claim you are "#1 or 2", or do you really think you have the skills to be playing at a higher position and are a better player than the current player at that position?

2023 Kamiak Tennis Team Rules

Team Rules:

1. As per the Student Rights and Responsibilities Handbook, the following could be grounds for suspension and/or removal from the tennis team: consumption of alcohol, use of tobacco, use of drugs (including steroids), stealing, use of profane or obscene language and/or vulgarity, fighting and acts found to be in violation of the law and academic dishonesty. These are 24/7/365 rules.
2. Practices are mandatory and punctuality is required (exceptions can be made IF cleared with coach AHEAD of time).
3. Players will attend classes and observe all classroom and school rules.
4. On a practice or match day, if a player has a recorded unexcused absence with the attendance office during the day, she will NOT be eligible to participate in practice or a match after school. If a student is excused by the attendance office from an absence in 3 of 6 classes for a given day, she will be allowed to participate after school. If a student has missed more than 3 classes during the day (excused or not – except for school related events), she will not be allowed to participate that day.
5. Players are to take care of uniforms and tennis equipment or face a fine.
6. Players will be positive role models on and off the courts.
7. Players will be required to meet the WIAA academic standards. Students must have passed 5 of 6 classes during the 1st semester and continue to be passing 5 of 6 classes throughout the season. Periodic grade checks will be made to ensure athletes are passing 5 of 6 classes. Otherwise, they will be placed on probation until they can show they are passing at least 5 classes.
8. Players will stay at the courts from the time a match starts until it is complete, supporting all players.
9. Players agree to abide by all other team expectations as stated in the team handbook.

The above information has been explained to me. I understand the list of rules, procedures and expectations provided by the coach. I also understand the necessity of using the proper techniques while participating in the tennis program.

Player's Printed Name: _____ Date: _____

Player's Signature: _____

Parent's Printed Name: _____ Date: _____

Parent's Signature: _____