

Greetings Current and Future Kamiak Knights!

The Kamiak Athletic Department is currently developing plans for the Spring/Summer Activity period (6/14-7/31) when our Coaches can work with current and incoming student-athletes. Some of our programs are more active than others over the Spring/Summer months. If your student-athletes would like to participate in the Spring/Summer Activity period activities that are offered by our coaching staff, then our clearance process for Spring/Summer is for student-athletes and families to fill out the following permission form and turn it into each coach that you will be participating with. The Spring/Summer clearance form be found on our KA Athletic website:

<https://www.mukilteoschools.org/site/default.aspx?PageType=3&DomainID=459&ModuleInstanceID=28528&ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&RenderLoc=0&FlexDataID=45113&PageID=15153>

The following programs have indicated that they will run Spring/Summer activities, so please reach out to the head coaches of these programs if you are interested in participating in practices, camps, open gyms, and/or open conditioning:

Girls Basketball: Coach May Tupua maytupua@gmail.com

Boys and Girls Track (Throwers): Coach Bill Stengele StengeleWD@mukilteo.wednet.edu

Dance: Coach Kathy Noonan: NoonanKM@mukilteo.wednet.edu

Football: Coach BT: ThomasBD@mukilteo.wednet.edu

Baseball: Coach Clarence Trinidad: (ctrinidad08@hotmail.com)

Boys Tennis: Coach Jeff Gilbert: Jeff Gilbert gilbertlaw@hotmail.com

Cheer: Coach Kirsten Collison: CollisonKE@mukilteo.wednet.edu

Boys Basketball: Coach Joe DeGrazia: DegraziaJA@mukilteo.wednet.edu

Volleyball: Coach Jason Davis: (jasonedavis@comcast.net)

The Mukilteo School District is allowing school sponsored/booster club sponsored Spring/Summer Activity period with the following guidance:

- Here is the link to the State DOH school sponsored activities (pages 5-12): [COVID19 Sporting Activities Guidance.pdf \(wa.gov\)](#)
- The district does not support overnight camps/clinics/tournaments for this summer. Ideally, reducing travel would be great as well. We still need to encourage and foster hand sanitizer, wipes, masks, good hand hygiene, etc.
- Daily attestation will not be required for Spring/Summer activity period, but masks are still a requirement for all school/booster club sponsored Spring/Summer activities, especially indoors!

Due to current Covid Safety protocols, we were not able to have our Fall sports coaches present to our incoming freshmen. Attached is the information that we would normally present to HP/OV/EX 8th graders during the Spring.

Here are some highlights:

- Athletic Mission Statement
- Sports Physical Night scheduled for August 16th in our main gym from 6-8 pm
- Information on both Spring/Summer Clearance and also Fall/Winter/Spring Sport Clearance through Final Forms
- ASB Card and Sports Physical requirements
- Athletic Eligibility = Academics/Attendance/Athletic Code
- Fall/Winter/Spring Sport Start Dates

For the most up to date Fall Sport Tryout Information, please continue to monitor the KA Athletics Webpage: <https://www.mukilteoschools.org/domain/459>

Fall Sport Coaches and Contact Information:

Coach Charley Lewarne: Cross Country: LewarneCN@mukilteo.wednet.edu

Coach Jeff Gilbert: Boys Tennis: gilbertlaw@hotmail.com

Coach Kosta Pitharoulis: Girls Soccer: soccercoachkp@gmail.com

Coach Jason Davis: Volleyball: jasonedavis@comcast.net

Coach Chris Erickson: Girls Swim: EricksonCC@mukilteo.wednet.edu

Coach Bryant Thomas: Football: ThomasBD@mukilteo.wednet.edu

Coach Georgia McClaskey: Unified: MclaskeyGM@mukilteo.wednet.edu

Kamiak is also planning to have open conditioning weight room hours available to all of our students throughout the summer and we will be developing a schedule soon. As soon as we have a schedule we will send it out to all current and future KA students.

Please don't hesitate to contact one of our coaches and/or the KA Athletic Department if you have questions about the Spring/Summer activity period or Athletic clearance for next year.

Thanks and Go Knights!

**SEAN MONICA
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