



Mukilteo School District

**HIGH
SCHOOL**

**DISTRICT ATHLETICS ELIGIBILITY PACKET
2023 • 2024**

Welcome to Mukilteo School District Athletics

PHILOSOPHY OF ATHLETICS

The function of the athletic department is to provide a stimulating, competitive and enjoyable athletic and activities programs for the students in the Mukilteo School District. Athletics and activities provide an opportunity for participants to develop good sportsmanship, leadership, self-motivation, cooperation, competitiveness, and self-discipline. Programs are designed to contribute to the development of character traits that will endure through the years and help individuals cope with the rigors of life. Involvement in athletics/activities is a privilege and participation is voluntary. Students have complete freedom of choice in selecting activities within the limitation of the programs offered. Members of athletic/activity teams should be sincere in their desire to represent the student body in a manner that compliments the school and community. As a member of a school team, participants bring attention to themselves, their school, their parents, and the community. Therefore, a team member has a greater responsibility and expectations than most students. The regulations and special standards of athletic competition are necessarily stringent. The program shall be conducted in a way that furthers the district mission, provides the opportunity for varied experiences, and is responsive to the expressed interests and abilities of the participants.

Mukilteo offers the following WIAA-sponsored athletic programs at Kamiak and Mariner HS.

Fall Girls' Sports	Cross Country Soccer Swimming Volleyball	Winter Girls' Sports	Basketball Wrestling	Spring Girls' Sports	Fast-pitch Golf Tennis Track/Field
Fall Boys' Sports	Cross Country Football Tennis	Winter Boys' Sports	Basketball Swimming Wrestling	Spring Boys' Sports	Baseball Golf Soccer Track/Field

Unified Sports may be offered each sport season depending on each school's program.

Turnout dates for all sports begin on the following days:

Fall Sports: (Football only): Wednesday, August 16, 2023

All Other Fall Sports: Monday, August 21, 2023

Winter Sports: Monday, November 13, 2023

Spring Sports: Monday, February 26, 2024

All athletes must be “cleared” by the High School Athletic Department each sports season PRIOR to the first day of practice. Each school year students must complete a new packet, including a current physical. Physicals are good for two years (24 months) from the date of examination. However, a physical must be valid for the duration of the entire sports season to be considered eligible for participation.

Coaches cannot allow you to turnout without first being cleared through the athletic office.

The following items need to be **completed in full** and on file in the High School Athletics Office. Kamiak and Mariner High School use an on-line system for athletic eligibility, called FinalForms.

- ✓ Athletic Physical (signed and dated by physician) and turned in to the Athletic Office (well child physical is not accepted for clearance unless athletic participation is noted on the physical). It may also be uploaded through Final Forms
- ✓ Insurance Waiver or School Insurance Form
- ✓ Assumption of Risk
- ✓ Parent Permission Form/Contact Information
- ✓ Sport Specific Guidelines
- ✓ Emergency Authorization Form
- ✓ Mukilteo Athletic Code and Eligibility Packet
- ✓ Concussion and Sudden Cardiac Arrest Information Sheets
- ✓ Current A.S.B. Card

Athletic Eligibility

To be eligible for athletics in the Mukilteo School District a student must:

- ✓ Live within the boundaries of the Mukilteo School District and school of residence and be living with your parents or your legal guardians. Students who reside outside of the district and/or school of residence and have approval to attend the Mukilteo School District may be ineligible for varsity level participation for one calendar year. See the building athletic director for more information.
- ✓ Be in full attendance in school last semester and have passed 5 out of 6 classes.
- ✓ Be a full-time student currently within the Mukilteo School District.
- ✓ Not be over the age of 19 or in your fifth or more year of high school.
- ✓ Not have transferred to Kamiak or Mariner High School (s) for athletic reasons.
- ✓ Have a completed athletic clearance packet on file and hold a current, valid ASB card from the school of attendance.
- ✓ Not be a professional athlete in the sport you are playing.
- ✓ Abide by the current Mukilteo School District Athletic Code.
- ✓ Meet all Academic Eligibility requirements.
- ✓ Prior to the first practice for participation in interscholastic athletics a student shall undergo a thorough medical examination and be approved for athletic competition by a medical authority licensed to perform a physical examination. The physical examination shall be valid for twenty-four (24) consecutive months.
- ✓ Complete online registration including information on Sport Specific Guidelines.
- ✓ Turn out for at least the minimum required days before competing in the first contest

The Goal of the Mukilteo School District Athletic Department is to continue to develop a comprehensive, 7th-12th grade athletic programs that promote participation, sportsmanship, equitable opportunities, positive recognition and learning experiences for student athletes as a continuation of the classroom which will help to prepare them to be successful in life. The opportunity to participate in an athletic program is a privilege granted to all students. Participation is voluntary, yet participants are expected to conform to specific expectations outlined by the program, school, district, WESCO and WIAA.

High School Athletic Eligibility

The following is intended to clarify the basic rules and regulations governing an athlete's participation in the sports program of the Mukilteo School District. *Please read carefully and electronically sign.*

Student Rights

The rights, protection, and responsibilities as prescribed by the Washington Interscholastic Activities Association (WIAA), the Mukilteo School District and the Western Conference Athletic League govern students participating in the Interscholastic Athletic Program. Students and/or their parent(s)/guardian(s) may make application for exception to these regulations and may appeal any decisions relative to such requests through their school principal or designee.

Student Responsibilities

Participants are required to conform to the rules and regulations of their school, the Mukilteo School District, the Western Conference (WESCO) and the WIAA and to conduct themselves in a safe and sporting manner. The opportunity to participate in athletics is a privilege granted to all high school students. Participants in these voluntary programs are expected to conform to specific conduct standards established by the school, district, WESCO and WIAA. Violators are subject to discipline, suspension and/or expulsion.

Student Eligibility Requirements

Age

Be under 20 years of age within the first two (2) weeks of the start of each sports season.

Cleared for Participation

No student shall participate in a practice unless they are cleared for participation by the school's athletic office.

Academic Eligibility

Students participating in extra-curricular activities must abide by all rules and regulations as established by the district, the school, WESCO, and Washington Interscholastic Activities Association (WIAA).

Mukilteo School District and WIAA Academic Standards

To be academically eligible, a student must be passing 5 of 6 classes. For running start students, one 5 credit course equals one HS credit.

Students will be checked 3 times each school year for *initial academic eligibility*. Students will be continuously checked at the end of every month throughout the regular and post seasons. Any student not meeting the standards will be placed on academic probation.

Fall Sports – Initial eligibility is determined by the student's previous second semester grades. Students

must have passed 5 out of 6 classes.

Winter Sports – Initial eligibility is determined by the student’s first quarter grades; students must be passing 5 out of 6 classes.

Spring Sports – Initial eligibility is determined by the student’s first semester grades; students must be passing 5 out of 6 classes.

- Secondary teachers will update their grades at least at the end of each month, starting on the first student day in October. Student grades will be checked on the first student day of each month, starting in October, to ensure that they are maintaining their grades. Students who are not meeting the academic standards will be placed on academic probation (see below).
- Summer School Classes – if a student has failed a class during the spring semester, the student may make it up and become eligible for the fall season by passing a summer school class only if the class is comparable to the one the student failed and/or is approved by a building administrator.
- Incompletes will be counted as F’s until officially changed to a passing grade.

Mukilteo School District and WIAA Academic Requirement

Fall Sports – a student will be placed on academic probation at the start of the fall sport season if they failed to meet the Academic Standards in the second semester of the previous school year.

- Incoming ninth (9th) grade students are not required to meet the previous semester scholarship rule in 18.7.4 provided they have met all other eligibility requirements. The student’s grades will be monitored during the first designated monitoring period established by the school and every three (3) to six (6) weeks thereafter.
- Fall athletes that do not meet the regular attendance rules (18.8 and 18.9) are not eligible for academic probation at the beginning of the fall and must be placed on five (5) week academic suspension. Their eligibility can be reinstated after the fourth Saturday in September if they are meeting the Academic Standards.

Winter Sports – a student who failed to meet the Academic Standards shall be placed on academic suspension if the grading period ended in the same school year (first semester)

Spring Sports - a student who failed to meet the Academic Standards shall be placed on academic suspension if the grading period ended in the same school year (first semester)

Academic Probation: A student is eligible to compete when on academic probation. If at the end of the probation, the student is passing the minimum number of classes required (5 of 6) the student remains eligible for competitions. If the athlete fails to meet the academic standards at the end of the probation period, the athlete will be placed on academic suspension for three (3) weeks and will be ineligible to compete but will still practice. The probation period for fall sports is the fourth (4th) Saturday in September.

Academic Suspension: A student is ineligible for competitions while on academic suspension. The suspension period for high school students will be from the end of the previous semester for the first five (5) weeks of the succeeding semester. If a student fails to meet the academic standards at the end of the suspension or probation period, the athlete will be placed on academic suspension for three (3) weeks and is ineligible for competitions. If the student meets the academic standards after the three (3) weeks, they are no longer on probation or suspension and will be eligible for competition as long as they stay in compliance

with the school's regular monitoring of academic progress.

Academic Standards Appeal: If a student is placed on academic probation after initial WIAA eligibility and believes that a special circumstance exists that has affected their ability to meet the MSD Academic Standards, they may request an eligibility hearing with the Building Athletic Director/Assistant Principal. The Building Athletic Director/Assistant Principal will conduct an informal hearing with individual knowledgeable of the special circumstance and then render a judgement regarding the student's eligibility,

Amateur Standing Rule

A student who represents a school in an interscholastic sport must be an amateur in that sport. An amateur student-athlete is one who engages in athletics for the physical, mental, social, and educational benefits, and to whom athletics is an avocation and not a source of financial reward. To maintain amateur standing in that sport under WIAA jurisdiction, the student--athlete may not:

- A. Accept merchandise or in-kind gifts of more than **\$500** in fair market value per sport during any one calendar year August 1 through July 31. Reduced membership fees or reduced user fees from an athletic club, recreation center, golf course, etc., do not count toward this **\$500** limit. Defined games of chance are exempt from this rule.
- B. Accept cash awards in that sport.
- C. Enter competition under a false name.
- D. Accept payment of expense allowances over the actual and necessary expenses for the athletic trip (NOTE: Entry fees are not considered a reimbursable expense.)
- E. Play on a college team. A student-athlete may try out and/or participate against a college team but may not represent a college team in that sport.
- F. Sign or have ever signed a contract to play professional athletics in that sport.
- G. Play or have ever played in a competition or against any professional team or individual in that sport or on any team that is under the jurisdiction of a professional sports team or franchise.
- H. By sport receive or have ever received, directly or indirectly, a salary or any other form of financial assistance (including scholarships, educational grants-in-aid, or any of the student's expenses for reporting to or visiting a professional team) from a professional sports organization.
- I. Advertise, recommend, or promote a commercial product or service.

A WIAA member school may not permit nor authorize the use of an individual student's name and/or picture, a school or school team name and/or picture(s) to directly advertise, recommend or promote a commercial product or service. Use of a Student--Athlete's Name in Advertisements that are Congratulatory in Nature. The business can place its trademark on the advertisement only; the advertisement cannot include a reproduction of the product with which the business is associated.

Provided they are not representing a WIAA member school, a student athlete may participate against professional and college scoring athletes in any sport under the jurisdiction of the WIAA.

18.24.0, Amateur standing and NIL This provision is not intended to restrict the right of any student to participate in a commercial endorsement provided there is no affiliation with the school team, school, WIAA District or WIAA state association and the student does not appear in the uniform of the student's school and does not utilize the marks, logos, etc. of the school, WIAA District, or WIAA state association as part of any endorsement.

Athletic Liability

Participants and their parents or guardians should be aware that participation in interscholastic athletics might result in accidental injury, which, in some cases, may be serious in nature (see Sport Specific Guidelines which can be found on the on-line forms of Final Forms.)

Insurance Requirement

The regulations of the Washington Interscholastic Activities Association and the Mukilteo School District **require** accident insurance for students participating in interscholastic athletics. Families are to provide accident insurance either through their own program or the schools' plan. The School District's insurance plan is available for parents and provides adequate insurance for interscholastic athletics. Information and brochures for this insurance area available at each school.

Non-School Sponsored Programs

The Mukilteo School District is not responsible or liable for non-school district sponsored sports programs or programs organized, promoted, or participated in by staff members. The decision to participate in such sports programs is the responsibility of the student and their parent/guardian.

Physical Examination Requirement

Prior to the first practice for participation in interscholastic athletics a student shall undergo a thorough medical examination for the purpose of a sports physical and be approved for athletic competition by a medical authority licensed to perform a physical examination (Medical Doctor (MD); Doctor of Osteopathy (DO); Advanced Nurse Practitioner (ARNP); Physician's Assistant (PA); and Naturopathic Physician. The physical examination shall be valid for twenty-four (24) consecutive months. A student will not be cleared for participation if their physical expires during the season. Mukilteo School District Sports Physical forms are available on-line or in the Athletic Office. Well Child Physicals are not accepted for sports clearance unless it specifically states that a student athlete is cleared to participate in sports without restrictions.

Residency Rule

Student athletes must reside in the Mukilteo School District to be eligible for participation unless a student has an approved transfer request (see section on transfers). Residence is defined as the place where the family unit has established its home and/or place where the student is habitually present and to which, when departing, the student intends to return. Family unit is defined as the adult(s) who has resided with, had legal custody, legal guardianship, or has acted in a parental capacity of the student for a period of at least one year. *Students who do not meet the residence rule shall be eligible at a sub-varsity level of play only.* After one year of attendance the student athlete will be eligible to play at the varsity level.

Running Start/Home School Student(s)/ACES/Alternative Programs

Students involved in Running Start or Home School programs must meet the same eligibility standards as all other students. Such students may participate only at their resident school. A contract outlining guidelines and expectations must be signed by the student and their parent/guardian and school counselor. Students who attend ACES HS or other alternative programs must meet the same eligibility standards as other students and are eligible to participate at their resident school.

Season Limitation Rule

After beginning the seventh grade in school, students shall be allowed to participate in interscholastic contests only during six (6) interscholastic competitive years. After entering the ninth grade, a student shall have four (4) consecutive years of interscholastic eligibility. For the purpose of this rule, consecutive shall mean starting on a designated date (entrance into grade nine) and continuing without delay or interruption for

four (4) consecutive years. Interscholastic eligibility refers to being eligible for an academic year and not for each individual sport season. Repeating any grade, nine through twelve, whether a student participates or not, will count toward a student's four (4) consecutive years of high school interscholastic eligibility.

Transfer Rule

After registering with, attending, or participating with a middle or high school, students changing enrollment to/from one school district or another or from one high school to another within a multiple high school district shall be considered a transfer. Any student who has transferred from one school to another may have the student's eligibility affected. This applies to those students receiving home school instruction. Students considering a transfer should check with the building athletic director/designee PRIOR to transferring. It is the responsibility of the parent/student to inform the Athletic Office of any transfer/residency issues when they enroll. It is the responsibility of the Athletic Director to complete the WIAA Form 6 for all transfer students coming into a school and/or leaving a school.

A high school student who attends, participated or was eligible to participate for a school, and subsequently transfers to another school will be eligible for sub varsity only for one (1) calendar year from the date of enrollment at the new school:

- If the student transfers from a public, private, or charter school after:
 - Participating on a non-school athletic team within a calendar year from the date of enrollment at the new school (AAU, American Legion, Club USA, USVBA, or any other non-school program) in which one (1) or more of the high school coaches are currently involved and/or
 - Receiving personal athletic or activities instruction or training, including weight training and conditioning, from a person affiliated with another school to which the student transfers.
- The sub varsity status would apply even if the entire family unit moved to a new location within the residential area of the school to which the student transfers.

A student who wishes to transfer to a school without a corresponding change of residence by their family unit and who meets all other conditions of eligibility shall have initial eligibility at the new school only during the window of transfer (per school district policy.) The window of transfer may be accessed one (1) time during the natural break between middle school and high school.

Additional Eligibility Requirements

1. Complete on-line registration including information on Sport Specific Guidelines.
2. Turn out for at least the minimum required days before competing in their first contest:

<input type="checkbox"/> Football	12 days (8 days for a jamboree)
<input type="checkbox"/> Wrestling	12 Days (8 days for a jamboree)
<input type="checkbox"/> All Other Sports	10 Days
3. Hold a current ASB Card, must purchase through the school
4. Complete any other requirements as required by their school or coach.
5. To remain eligible, a student must:
 - Maintain the academic requirements as listed above.
 - Remain in compliance with the Athletic Training and Conduct Code
 - Present to school officials, a completed Return to Play/Participate Protocol form before

resuming participation following a concussion, injury or illness which required medical care.

Other

Attendance: To participate in the extra-curricular activity or practice that day, the student must have been in attendance for at least one-half (1/2) day or be approved for play by the High School Athletic Director. A student who has been absent the day prior to the activity or practice must have an excuse approved by the school office prior to participation.

Conduct: In addition to normal school sanctions for the violation of rules and regulations, consequences will be administered for violation of the Athletic/Activities Code. Provisions of the Student Rights and Responsibilities Handbook regarding exceptional misconduct are grounds for denial of participation and/or dismissal from extra-curricular activities and can result in discipline by the coach, advisor, athletic director, and/or school administration.

Ejected from a contest: If ejected from a contest the student must sit out the next two (2) contests at the same level of competition. The second game suspension may be appealed with the building athletic director, not all ejections are appealable. If ejected for a second time in the same sport during the same season, the student is ineligible for the remainder of the season for that sport.

Equipment/Uniforms: School-owned equipment checked out by a participant in any athletic/activity is their responsibility. The loss or misuse of this equipment will be the financial obligation of the participant. Failure to turn in school owned equipment will result in a fine placed on the student's account.

Team Rules/Expectations: Each coach will establish training rules and operational guidelines for each in-season sport or activity. Students and parents shall be provided copies of all such season rules in writing at the beginning of each activity season (no later than the first turnout). Each participant will abide by the established rules for the activity. Training rules and operational guidelines will be approved by the District Athletic Director or designee to assure consistency with District philosophy and policies.

Transportation – students are expected to ride school provided transportation to/from games/event.

Athletic Training and Conduct Code

Athletic excellence requires the athlete to maintain high personal standards of health, conduct, and academics. Because the athlete wants to be a productive team member, bring only honor to themselves, their team, and their school, and because only a healthy mind and body will allow them to do so, the athlete agrees to the following training and conduct rules:

- I will not use, possess, distribute, or sell tobacco products or tobacco look-a-likes, e-cigarettes, or vaping of any kind.
- I will not use, possess, distribute, or sell alcoholic beverages or marijuana or look-a-likes of any kind.
- I will not use, possess, distribute, or sell illegal narcotics or drugs or look-a-likes of any kind.
- I will not attend parties, social gatherings, or events where drugs, alcohol or marijuana are present.
- I will treat my coach, teammates, officials and opposing team members with honesty, respect, and courtesy. I will encourage good sportsmanship by demonstrating positive support for all players, coaches, officials at every game, practice and/or other sporting events.
- I will make a sincere effort in my classes by being prepared, completing assignments on time, attending school regularly and showing good citizenship around school.
- I will not participate in any form of academic dishonesty which may include cheating on tests, quizzes or assignments, the sharing or distributing or receiving assignments/tests, submitting work of others as one's own, using unauthorized sources and/or altering one's grade.
- I will be at all scheduled practices and games for my school team unless excused by the coach.
- I will refrain from any involvement of harassment, intimidation or bullying either directly or indirectly or using social media including but not limited to any negative communication, pictures, video and/or endorsements of illegal activity, harassment, intimidation, bullying, sexually explicit or suggestive image or disrespecting opponents or other schools.
- I will refrain from any involvement either directly or in-directly in any initiation or hazing activities of teammates or for other students participating in district athletics/activities. Initiation/hazing shall be considered harassment and may result in immediate disciplinary action.
- I will refrain from any involvement in inappropriate behaviors that do not represent myself, my team and/or my school in the best possible light.
- I will abide by the rules and expectations of all student athletes as outlined in the Mukilteo School District Eligibility packet, each individual High Schools Handbook, each individual team's rules and as prescribed in the Mukilteo School District's Student Rights and Responsibilities Handbook.
- I understand that violations of this code may result in disciplinary action which may be imposed by the coach and/or building athletic director. Disciplinary actions may include but not limited to suspension from team activities, contests and/or removal from the team.

Athletic Discipline

Probation: Students placed on athletic probation must turn out but cannot participate in any scheduled event/competition. Failure to turn out may result in a season suspension from that activity.

Suspension: Students placed on an athletic suspension may not turn out or participate in any scheduled event or competition while on suspension.

- *Individual coaches/advisors have the right to administer additional consequences for violation of team rules, school, and district policies, which may include removal from the program.*

Disciplinary consequences will be imposed if a co-curricular or extra-curricular participant violates this policy. This policy shall govern twenty-four (24) hours per day from the first day of fall practice to the last day of the school year for all co-curricular and extra-curricular activities. We expect that all students will abide by all laws relating to drugs, alcohol, marijuana, and tobacco and that all students will remain drug, alcohol, marijuana, and tobacco free three-hundred and sixty-five (365) days of the year. We expect that all students shall refrain from being under the influence of or show evidence of having used any substances capable of or intended or presumed to be capable of altering a student's mood, perception, behavior, or judgment, other than properly used over-the-counter pain relievers and medications prescribed by a licensed health care provider for an individual student. We expect students to refrain from attending social gathering or event where alcohol, marijuana and/or drugs are present.

Mukilteo School District holds the following as grounds for denial of participation and/or dismissal from co-curricular and extra-curricular activities.

Exceptional Misconduct

(Refer to the Student Rights and Responsibilities Handbook, School Handbook, Team Rules)

Tobacco, Vaping, or look-a-like in any form.

First offense	Probation - must turnout but cannot participate in any scheduled event for 5 school days, maximum 2 games/events. Probation will carry over into the subsequent season if the probation period has not been fulfilled.
Second offense	Season Suspension for which the offense occurred. Suspension will carry over into the subsequent season for the athlete when the violation occurs late in the season and fulfillment of the suspension cannot be completed.
Third offense	Calendar year suspension – immediately ineligible for participation for one calendar year from date of violation.

Alcohol/Marijuana (consumption, possession, or sale of alcoholic beverages/marijuana and/or look-a-likes in any form)

First offense	Suspension for 10 days from all activities. Suspension will carry over into the subsequent season for the athlete when the violation occurs late in the season and fulfillment of the suspension cannot be completed. The 10-day suspension may be reduced to 5 days (two game minimum) if the student has a drug/alcohol assessment and complies with the recommendations.
Second offense	Calendar year suspension – immediately ineligible for participation for one calendar year from date of violation.
Third offense	Permanent suspension – prohibited from participation in any WIAA sanctioned

	activity.
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Drugs; Legend drugs (including anabolic steroids) and controlled substances (RCW 69.41.020-050; RCW69-50; consumption, possession or sale of legend drug, controlled substance and/or any look-alikes in any form)

First offense	Suspension: Student shall be immediately ineligible for the remainder of the season. Ineligibility shall continue until the next sports season in which the participant wishes to participate unless the student accesses the assistance program outlined in 2 (below.) An athlete who is found to be in violation has two options. (1) The athlete will be ineligible for participation in contests for the remainder of that interscholastic sports season and must meet the school's requirements in order to be eligible to compete in the next interscholastic sports season. The school principal will have the final authority regarding the student's participation in further interscholastic sports programs. (2) The athlete may choose to seek and receive help for a problem with use of legend drugs or controlled substances. Successful utilization of school and/or community assistance programs may allow them to have eligibility re-instated in that athletic season, pending recommendation by the school.
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	Minimum suspension is 30 calendar days with successful completion of drug/alcohol assessment and compliance with the recommendations.
Second offense	Calendar year suspension – immediately ineligible for participation for one calendar year from date of violation.
Third offense	Permanent suspension – prohibited from participation in any WIAA sanctioned activity.

Inappropriate Behavior (Examples may include but not be limited to; academic dishonesty; truancy, harassment, intimidation, bullying; initiation/hazing; theft; vandalism; fight/assault; gang related activities; inappropriate use of technology including use of varied forms of social media; threats; insubordination; illegal activities; being at a party; safety, activities found in the Students' Rights and Responsibilities Handbook and/or individual school handbook)

First Offense	Probation - must turnout but cannot participate in any scheduled event for 5 school days, maximum 2 games/events. Probation will carry over into the subsequent season if the probation period has not been fulfilled.
Second Offense	Season Suspension for which the offense occurred. Suspension will carry over into the subsequent season for the athlete when the violation occurs late in the season and fulfillment of the suspension cannot be completed.
Other	Any violation of school rules that would result in a long-term suspension or expulsion from school would result in the removal from any activity for an equivalent time period.

Appeal Procedure

Students who violate established District and/or co/extra-curricular rules and are subjected to adverse action may appeal the decision to the school Assistant Principal/Athletic Director within three (3) school days.

1. The Assistant Principal/Athletic Director must have a conference with the student and parent to discuss the nature and severity of the violation of established rules in an attempt to resolve the issue.

2. If the student or parent chooses to appeal the Assistant Principal/Athletic Director's decision, the student or parent may appeal the ruling to the Building Principal. The appeal must be filed within three (3) days of the Assistant Principal/Athletic Director's decision.
4. If the student/parent chooses to appeal the principal's recommendation, the student or parent may appeal the ruling to the Director of Student Services and Athletics or the Superintendent's designee. The Director of Student Services and Athletics shall schedule a conference with the student and the parent at the earliest possible time as mutually agreed and, when possible, prior to the next scheduled event or activity. During this conference, the Director of Student Services and Athletics shall review the nature and severity of the violation and shall rule upon the recommended action within three (3) school days.
5. If the student/parent is not satisfied with the disposition of the grievance, the student may appeal within three (3) days, in writing, to the School Board through the Superintendent. The Superintendent shall place the grievance on the agenda of the next regularly scheduled School Board meeting. The student/parent has the right to choose a representative to assist in the grievance process and to call any witnesses the student deems necessary to develop facts pertinent to the grievance. The hearing shall be closed if either the School Board or the grievant chooses. The decision by the School Board within ten (10) days shall be final.

MUKILTEO SCHOOL DISTRICT
Guidelines for Team and Group “Bonding” Events

The primary purpose of all team bonding activities needs to be either team building, or to honor and recognize the group members for a new year. Groups must prior permission from the building athletic director prior to any team building and/or group bonding activities. All group members must have the opportunity (without consequence) to opt out of the activities.

Guidelines for acceptable honoring:

- Activities need to have a meaningful, positive purpose that align with the team, athletic department, school, and district goals.
- Activities must create a positive team feeling, bonding and atmosphere.
- Activities cannot be disruptive to the school or educational process.
- Activities should be conducted only with consent of member and with adult/coach supervision.,
- Activities cannot involve hazing.
 - Hazing is defined as any method of initiation into a student organization or group that causes or is likely to cause bodily danger or physical harm, or serious mental or emotional harm to any student or other person. Hazing includes, but is not limited to:
 - Acts that tend to injure, degrade, or disgrace individuals.
 - Acts that single out individuals in a negative, mocking, or humiliating manner
 - Forcing students to do distasteful things.
 - Having students represent themselves in a vulgar or sexual way.
 - Applying peer pressure to force students to do something that they are not comfortable doing.

CONSEQUENCES for violations of guidelines:

All team, school and district rules apply, including Mukilteo School District Policy #3216 regarding Harassment, Intimidation and Bullying. If a group conducts bonding activities in violation of these guidelines, one or more of the following consequences may be imposed on the students involved:

Team and/or school discipline may occur if these guidelines are not followed; including but not limited to removal from the team for a period of the season or remainder of the season; suspension from school and/or the team; loss of leadership/captain position; other consequences deemed appropriate by school administration.

A member of the coaching staff must be present and involved in all team building/bonding events. Any inappropriate team/group event where a coach is not present and involved may subject members of the team/group to school discipline regardless of the time or location of the event. Any team/group event that is kept secret from coaching or school staff may be regarded as an inappropriate event and participants may be subject to discipline.

Our goal is to provide a competitive and enjoyable extracurricular program for students so that they may develop good sportsmanship, leadership, self-motivation, cooperation, competitiveness, and self-discipline and ultimate and have a safe and rewarding experience.