



ACES HIGH SCHOOL & Mukilteo Virtual Academy | Weekly What's Happening ▪ Family Edition

Volume 1, Issue 5 ▪ 4. October 2021

Picture Day(s) 2021 Update

ACES and MVA 9-12: PICTURE DAY is **this Thursday, 7 October**. Our photos will be done through Solis School Photography this year.

- **ACES Students:** Photography will be from 11:10 AM – 1:05 PM in the ACES Library.
- **MVA Students:** Photography will be from 1:15 PM – 4:00 PM in the ACES Library.
 - We don't need to send a separate set of instructions as formerly stated. Just follow the signs.
 - You will enter the ACES campus at 9700 Holly Drive, Everett, WA 98204, follow the signs that loop you through the back lot and a drop-off sign will show you where to stop for student drop-off. We will have you move forward to pick-up your student from the front entrance.
 - **Students:** Please remember to wear your mask. We will have you sanitize your hands as you walk into the building. You will wear your mask until you sit for your photo and then remove your mask for the photo only. You will then exit (follow staff instruction) to the front of the building for pick-up.
 - **Driving yourself as a student?** Please park in the front ACES parking lot or the Challenger Elementary Parking Lot and walk to the ACES building. We have staff who will direct you the Photography entrance.
- Ordering Photos: [Click here](#). All ordering is online via store.solisimages.com.
- Pricing: [Click here](#).
- Preparing for picture day: [Click here](#).

Panorama Survey



As part of Mukilteo School District's commitment to supporting the well-being of staff, students, and their families, we are using Panorama's social-emotional well-being surveys. This survey opens to students and families on **Monday, 4 October** and closes **on Friday, 22 October**. Participating is optional, but it is highly encouraged as it will provide valuable data to help gather perceptions and needs to improve supports for students and families. For students to access the survey, please visit the Student Portal ([click here](#)) and find the "Social Emotional Learning" tile (see photo connected to this blurb). The Panorama family perception link will be sent out later today in a district message, but we will share that link again with you in the next Issue of the Family Update. We don't have that link at the moment.

Healthy Youth Survey



The Healthy Youth Survey (HYS) is an optional survey that is administered every two (2) years to students Grades 6, 8, 10, and 12. The HYS helps inform schools and districts about the personal choices students are making so that we can create supports/resources based on the information we learn. The survey is COMPLETELY ANONYMOUS. The HYS is sponsored by OSPI, Health Care Authority, Washington Department of Health, and the Liquor and Cannabis Board. We highly encourage students to take this survey.

- **ACES:** ACES students will take the Healthy Youth Survey during Focus (Per. 5) on Wednesday, 13 October. This survey will be administered through an online delivery model.
- **MVA 9-12:** MVA 9-12 students will NOT be taking the Healthy Youth Survey this year. Students in the MVA 9-12 program will take the HYS in two (2) years during its next cycle.
- **MSDLP 6-8:** MVA 6-8 students will take the Healthy Youth Survey during their asynchronous learning (2:00-2:45 PM) time on Wednesday, 13 October. The link will be shared on your learner's Period 1 Schoology page. [Click here for the link for 6 and 7 Grade](#) and [Click here for the link to 8th Grade](#).

For more detailed information about the Washington State Healthy Youth Survey 2021 you can find it on the front page of our website under the [Announcements](#).

Student Password Changes



Still have the district issued summer reset password (that is, Pw(Birthdate))? You need to change your password this week! Please go to the Students Portal ([click here](#)) and find the "Change Your Password" tile (see photo connected to this blurb). Follow the instructions to change your password and then keep that password safe!

SBA

The smarted balanced assessment is a state and federal accountability test, but also a way for students to demonstrate proficiency for graduation. The SBA continues to be the number one way that students meet this graduation requirement.

We strongly encourage students and families to opt into the SBA test this year for a couple of reasons; 1) is a shortened version of the regular test; and 2) some parts of the test have been removed to make it a more simplified test.

- **ACES-** ELA test on 2 November and Math test on 3 November.

We are working on a schedule that best meets the needs of our students. That said, the test will be in the morning on those dates and students need to be in their classes no later than 8:00 AM. School begins at 7:30 AM.

- **MVA 9-12-** If your home school is Kamiak, ELA test on 26 Oct and Math test on 27 October.
- **MVA 9-12-** If your home school is Mariner, ELA test on 2 November and Math test on 3 November.

The time for both schools is 7:20-9:00 AM.

Students who are taking the SBA on these dates with their home school will access their class work asynchronously. Please let us know if you are planning on participating. We will send out more information about testing in the next issue.

Family Access to Schoology

If you are needing assistance with setting up Schoology or have questions please [click here](#) and you will be linked directly to the Mukilteo School District Schoology information page.

Thoughts from Kimberly

I love “themes.” I theme my wardrobe each week (that is fun to see if people can figure it out); I theme my messaging, as best as I can as we launch three programs; I love themes for assemblies and activities; and I love to theme the school year (proactively not reactively). Prior to the start of this year, I decided on theming the school year “Live a Great Story.” This theme came to me after seeing it on a sticker on the lid of a colleague’s Surface (laptop). Interestingly, just two days later, I received a message from my brother, Jeffrey, who shared with me a poem he wrote (you will probably hear this one again at graduation):

Our Stories*

Our lives are just stories
Stories that we tell others
Stories we tell ourselves
Stories about who we are, where we come from,
where we are going.
It all comes down to having a story worth telling
A story that someone wants to hear.
Our lives are just stories, some remembered, some
forgotten, few cherished, none truly understood.

Our lives are stories. Great stories. Great stories full of adventure, hope, choices, hurts, renewal, ups and downs, crazy joy... Great stories still being written. Great stories worth being part of and sharing. Great stories worth thinking about how our choices and interactions affect those we live with, work with, interact with, and love. It’s true some of our stories are truly understood. But here at ACES and MVA we work really hard to know, understand, and grow our students’ stories. We want every student, and their families, to a great story. Stories that speaks life into others. Stories worth telling.



(Not Kim)

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“Keep this formula in mind: environment = climate + culture. To realize equity, we need an inclusive environment, which is the climate of belonging and the culture of dignity.”

[Floyd Cobb & John Krownapple in *Belonging Through a Culture of Dignity*]

COVID-19 DAILY HEALTH SCREENING and RESOURCE FORM



COVID-19 DAILY HEALTH SCREENING AND RESOURCE FORM

If your child has a fever or symptoms of illness, please refer to the short checklist below for instructions.

Report your child's absence and expected date of return to the school office.

24 Hour Rule

Has your student had **ONE** of the following symptoms for **LESS THAN 24 HOURS** in the past day?

- Unusual Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Congestion or runny nose
- Nausea or Vomiting
- Diarrhea or abdominal pain

YES

24 Hour Rule:

Student may return after they have felt better for a full 24 hours.

Example: student develops a headache on Monday, the headache is better by Monday evening or Tuesday morning, they must stay home all-day Tuesday and can return on Wednesday. **If student's symptoms persist go to 10 day Rule.**

10 Day Rule

Has your student had **ANY** of the following symptoms?

- FEVER (100.4 or greater)
- COUGH
- SHORTNESS OF BREATH
- LOSS OF TASTE OR SMELL

YES

(#2 or #3)

10 Day Rule:

Student must stay home 10 days or get a COVID test.

1. **If student is COVID positive:** The student must stay home for 10 days. **Call school ASAP to report positive test result.**
2. **If student is COVID negative:** The student can return to school after symptoms have improved and no fever for a full 24 hours without medication.
3. **If student is not tested for COVID:** The student must stay out of school for 10 days and have improved symptoms and no fever for full 24 hours without medication.

Has your student had **TWO** of the following symptoms or **ONE** of the symptoms which lasted

- Unusual Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Congestion or runny nose
- Nausea or Vomiting
- Diarrhea or abdominal pain

14 Day Rule

Has your student been **EXPOSED** to a COVID positive person?

YES

***If you are fully vaccinated you do not need to quarantine**

14 Day Rule:

Student must stay home for 14 days regardless of test results. Calculate 14 days by starting with the **LAST** day the student was exposed to the positive person.

***If you answered NO to all the above questions, send your student to school 😊**

If you have any questions or need help, please call your school's front office and ask for the nurse. You can find drive through testing information on our district website or at snohd.org