

Elective Course Descriptions:

6th Grade:

6th grade Technology

This is a one trimester course where students will have the opportunity to develop and apply foundational computer application skills for personal and educational use.

6th Grade Visual Art is a 12 week elective. In this class, students will explore basic art media and techniques such as drawing, painting, illustration, collage, printmaking, sculpture and more! Art criticism, aesthetics, and growth mindset are an integral part of this class.

6th Grade--Introduction to Leadership 1 is a quarter-long, foundational level course that introduces students to the concept and value of servant-leadership and character development. Students will gain skills in communication, collaboration, self-regulation, and service-learning. Students will learn skills to help them develop the three parts of a leader: The head (knowledge), the heart (the desire to serve), and the hands (skills). To develop the head, heart, and hands of a leader, this course will focus on the following concepts: Cooperation, Initiative, Responsibility, Compassion, Acceptance, Appreciation, Courage and Enthusiasm. A variety of initiatives (games with a purpose) will be used to build community. We will use the *Character Strong* materials as a base.

6PED17/27 Health and Fitness (2 trimesters)

Sixth grade students will be introduced and participate in individual/team sports/games emphasizing healthy living, cooperation and communication skills. Health and Fitness includes fitness pre-testing, formative assessments, and summative assessments to demonstrate fitness changes occurring over time. Students will be taught skill progressions in various types of activity including swimming in our school's pool. In addition, sixth grade students are required to demonstrate practical understanding of the negative mental, physical, social, and emotional effects of using drugs and alcohol during our Project Alert unit. Students will know how to use

resistance skills when experiencing internal and external peer pressure to use harmful substances.

7th Grade:

- **Choir**
- **Beginning Band**
- **7th Grade Band, which you will only choose if you are in 6th Grade Band right now**
- **Beginning Orchestra, which is called Prelude Strings**
- **Intermediate Orchestra, which is called Intermezzo Strings**
- **Advanced Orchestra, which you will only choose if you are in Intermezzo Strings right now**
- **Drama**
- **The rotation elective for which you will take 3 different classes, one for each trimester; the classes are Leadership, Introduction to Personal Choices (Cooking and Sewing), and STEM Exploration (Woodshop and Robotics)**

7th Grade--Introduction to Leadership 2 is a quarter-long, foundational level course that introduces students to the concept and value of servant-leadership and character development. Students will gain skills in communication, collaboration, character building,, personal growth, character with social media, time management, and building strong relationships and teams. Students will learn skills to help them develop the eight essentials of good character: Commitment, Kindness, Respect, Patience, Honesty, Selflessness, Forgiveness, and Humility. A variety of initiatives (games with a purpose) will be used to build community and will be used, along with various media, to reinforce those skills throughout the quarter. We will use the *Character Strong* materials as a base.

7th/8th Grade STEM:

Manufacturing Technology is a project based learning course and will serve as an introduction to the materials, tools, equipment and practices of basic manufacturing. This course is intended for the student with little or no knowledge of manufacturing. Emphasis will be on safe shop practices, correct use of tools and equipment.

7th/8th grade Personal Choices - Welcome to Family and Consumer Science, including Nutrition and Food Science, Culinary Arts, and Textiles. This is a class in which you will experience a variety of activities that will promote self-awareness, leadership, and the development of SKILLS needed to achieve personal goals relating to family, home and community.

7PED17/27 Health and Fitness (2 trimesters)

Seventh grade students will participate in individual/team sports/games emphasizing healthy living, cooperation and communication skills. Health and Fitness includes fitness pre-testing, formative assessments, and summative assessments to demonstrate fitness changes occurring over time. Students are required to demonstrate a practical understanding of the concepts related to F.I.T.T. (frequency of exercise, intensity of exercise, time of duration, the types of exercise), as well as apply this concept to daily nutrition. Students will design a basic exercise program and differentiate between aerobic and anaerobic training.

8th Grade:

Two Trimester electives attached to one trimester of P.E. - All of these options will have a 0.5 under earned credits:

These options are:

- **STEM Exploration (Wood shop and Robotics)/ PE**
- **Digital Photography/ PE**

- **Introduction to Personal Choices (which is Cooking and Sewing)/ PE**

Year long Electives - All of these options will have a 1.0 under earned credits:

- **Office Aide**
- **Library Aide**
- **Drama**
- **Choir**
- **STEM Exploration (Woodshop and Robotics)**
- **Digital Media**
- **PE**
- **Art**
- **Intermediate Orchestra, which is called Intermezzo Strings**
- **Advanced Orchestra, which you will only choose if you are in Intermezzo Strings right now**
- **8th Grade Band**

8th grade Principle of Leadership:

This class is designed to introduce students to the ideas of group leadership and decision making. We build community among ourselves, learn to recognize our own power and influence, identify aspects of our school culture we would like to make a positive impact on, and create action plans to address these issues via small group work.

7th/8th grade Personal Choices - Welcome to Family and Consumer Science, including Nutrition and Food Science, Culinary Arts, and Textiles. This is a class in which you will experience a

variety of activities that will promote self-awareness, leadership, and the development of SKILLS needed to achieve personal goals relating to family, home and community.

8th - FACS - The GOAL of a FACS class is to provide you with an introduction to the FACS Family and Consumer Science) career pathways. Nutrition and Food Science, Art of Baking, Textiles, Financial Literacy, and Early Childhood Development.

Digital Media – A class offered to 8th grade that covers everything photography, videography, editing, and graphic design.

Digital Photography – A class offered to 8th grade that covers the basics of composition, elements of art, editing, and capturing creative images with a digital camera.

8th Grade Visual Art - is a year-long elective. In this class, students will explore basic art media and techniques such as drawing, painting, illustration, collage, printmaking, sculpture and more! Art criticism, aesthetics, and growth mindset are an integral part of this class.

8PED17 -Health and Fitness (1 trimester)

Eighth graders students will participate in individual/team sports/games emphasizing healthy living cooperation and communication skills. Health and Fitness includes fitness pre-testing, formative assessments, and summative assessments to demonstrate fitness changes occurring over time. In addition, students will be able to develop a fitness plan which is individualized according to their personal preferences. This plan will include all aspects of fitness: muscular strength, muscular endurance, flexibility, cardiovascular endurance, and speed. It will also include components of aerobic and anaerobic training.

8PED07 Health and Fitness (3 trimester)

Eighth graders students will participate in individual/team sports/games emphasizing healthy living cooperation and communication skills. Health and Fitness includes fitness pre-testing, formative assessments, and summative assessments to demonstrate fitness changes occurring

over time. In addition, students will be able to develop a fitness plan which is individualized according to their personal preferences. This plan will include all aspects of fitness: muscular strength, muscular endurance, flexibility, cardiovascular endurance, and speed. It will also include components of aerobic and anaerobic training.