



**MUKILTEO SCHOOL DISTRICT**  
**Health Services**  
**DIET PRESCRIPTION FOR MEALS AT SCHOOL**

H103

Student's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Name of School: \_\_\_\_\_ Grade: \_\_\_\_\_

**Section A: To be completed by the child's Physician (if describing a disability) or a recognized Medical Authority.**

Does the child have a disability?       Yes       No  
 If Yes, describe the major life activity affected by the disability \_\_\_\_\_

Does the child have a non-disabling medical condition?     Yes       No  
 If Yes, describe the medical condition \_\_\_\_\_

Does the child have special nutritional or feeding needs?     Yes       No  
 If Yes, describe the specific need \_\_\_\_\_

If you answered YES to any of the questions above, complete the following and return to the Lunchroom Manager at the student's school or fax to Nutrition Services at 425 710-4460.

**Section B: Diet Prescription – please attach additional instructions if necessary.**

(To be completed by the child's Physician or a recognized Medical Authority)

If foods are listed to be omitted from the diet then foods to substitute must also be listed.

Foods to Omit:	Foods to Substitute:
_____	_____
_____	_____
_____	_____

I certify that the above named student needs special school meals prepared or served as described above because of the student's disability or chronic medical condition.

Signature of Physician or recognized Medical Authority	Date signed
Printed Name	Phone      Fax

I understand that if my child's medical or health needs change, it is my responsibility to notify Nutrition Services and the school nurse and have a new Diet for Prescription Meals at School form completed.

Parent/Guardian Signature	Phone number	Date signed
---------------------------	--------------	-------------

I give Nutrition Services and the School Nurse permission to speak with the above named Physician or Authorized Medical Authority to discuss the dietary needs described above.

Parent/guardian initials and date \_\_\_\_\_

Original – Lunchroom Manager _____	1 <sup>st</sup> Copy – Nutrition Services _____	
(date)	(date)	
Additional copies to _____		