



Mukilteo School District

Physical Education Waiver

Community Directed Activity

DATE: _____

STUDENT NAME: _____ Grade Level: _____

Community Directed Activity: _____

Name of Coach/Supervisor: _____

Please have your coach/supervisor provide the following information:

- Goals/objective of activity:
- Define Season:
- Verify competitions/contests: (you may provide a season calendar that lists competitions/contests)
- Student log documenting a minimum of ninety (90) hours of activity. The log may be a personal journal/diary of hours logged; it may be an activity calendar given out by your coach/supervisor that details practice, games and competition/contests that is signed by your coach/supervisor verifying 90 hours completed.
- If you are seeking more than a .5 waiver, please submit a four-year high school plan that details your intended courses through high school.

Student Signature: _____

Coach/Supervisor Signature: _____ Date: _____

Completed packets may be submitted to your high school counselor.

.5 Waiver Approved: _____
Counselor

Additional .5 Approved: _____
Principal

Denied: _____
Principal



Mukilteo School District

Physical Education Waiver – Procedures

Students participating in directed athletics, including community based organized athletics, may be eligible to receive a waiver of a maximum 1.0 credits of the total 1.5 physical fitness credit requirement.

For an initial .5 waiver, students may simply complete the application process as outlined under either School or Community Directed Athletics, and turn it into the Counseling Office by the end of the season, or no later than the end of the succeeding semester.

For an additional .5 waiver (for a total of 1.0) students must submit an application specific to either a School Directed waiver or a Community Directed waiver, complete with the required documents and the student's four year high school plan to the Counseling Office.

Approval of the waiver is determined by the building principal and the principal's decision is final. There are no appeals. Waiver applications are held by the Counseling Center and processed for the student transcript in the junior year.

ORGANIZED ATHLETICS

- SCHOOL DIRECTED

1. One school directed sports season (minimum of ninety documented hours) will equate to a 0.5 PE waiver.
2. Students must pick up and complete a School Directed Waiver Application Form from the Counseling Center for eligibility. Completed and signed waiver forms must be submitted to the Counseling Center at the conclusion of the sports season, but no later than the end of the succeeding school semester.
3. If more than a 0.5 waiver is being requested (an additional 0.5 for a total of 1.0), the School Directed Waiver Application must be accompanied by the student's four-year-plan.

• COMMUNITY DIRECTED

1. "Community Directed Activity" is defined as:
 - An activity that has a coach or program supervisor
 - The activity has specific goals/objectives
 - The activity includes conditioning
 - The activity must have a defined season
 - The activity includes competitions/contests
2. Students must pick up and complete a Community Directed Waiver Application Form from the Counseling Center. Completed waiver forms must be submitted to the Counseling Center at the conclusion of the sports/activity season, but no later than the end of the succeeding school semester.
3. Submitted Community Directed Waiver Application Forms must be accompanied by the following:
 - An activity log documenting a minimum of ninety (90) hours of activity that is signed by the coach/adult supervisor
 - If more than a 0.5 waiver is being requested (an additional 0.5 for a total of 1.0) the School Directed Waiver Application must be accompanied by the student's four-year-plan.

While all waivers will be reviewed on an individual basis, automatic waivers of up to 1.0 credits will be granted according to the following guidelines consistent with the student's four year plan which must include:

- Two required classes in same content area per year
- Two music courses per year
- Four years of English
- Four years of math
- Three to four years of science
- Two to three years of a World language

In addition, no waiver will be granted if:

- The student is carrying any form of a reduced class load unless there is a verifiable medical reason
- The student has a TA position within their four-year plan unless the school was unable to accommodate a full schedule including a PE class